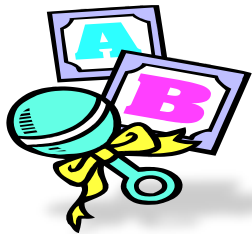


## What are we?

A support and resource nursing program for expectant parents and those with children up to three years of age.

Our primary focus is active duty members and their families.

We will provide services to all members who express a need.

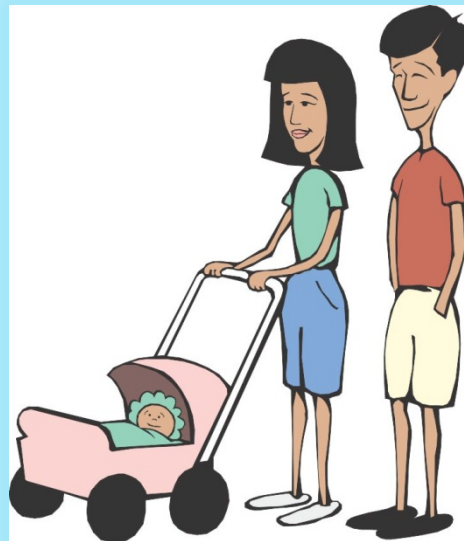


## Welcome New and Expectant Parents!!

Get Connected,  
Call Today!

257-4608  
257-6429

A friendly approach to providing the support you need as military parents.



Wright-Patterson  
Air Force Base  
Family Advocacy  
Program

## *New Parent Support Program*

(No matter how many children you have!)

## Welcome New and Expectant Parents!!

Lending a professional hand to your family by registered nurses.

257-4608 or 257-6429  
0730-1630 Monday-Friday

DoD sponsored program with no cost to you.



## What We Do

- Prenatal and Parenting Education
- Individual Sessions
- Group Classes
- Support for you and your family
- Information and referrals

For more information or to schedule a consultation, please call:

**Julie Berger, RNC, BSN**  
Ph: 257-4608 or 257-4405  
julia.l.berger2@mail.mil

**Emily Osterhage, RN, BSN**  
Ph: 257-4608 or 257-0269  
emily.a.osterhage.ctr@mail.mil

## How We Can Help You

- Office and home visits before and after delivery until age 3
- Phone consultations
- Child development screenings (ie. ASQ's)
- Connections to community and base resources such as
  - WIC, Help Me Grow, and Bundles for Babies
  - "Give Parents a Break" program
  - Child Care Programs
  - Support Groups
  - NCAST/Feeding/Teaching Skills
  - Touchpoints/Newborn Behavioral Observation
  - Connection with NPSP at gaining base
  - Liaison to other medical services
  - Support during Deployments
  - Referrals to helping agencies

## Education You Need

- DADS 101 (designed for new dads)
- DVD and book loan library on various maternal child information.
- Educational resources including "What to Expect.." book series
- Stress Management
- Baby Care Workshop
- Health Education

**Call today for more information on how to get connected with our program and other new parents!**

