Military Family Life Counselors Looking to Extend Support to Local Schools

The transient nature of the military lifestyle sometimes causes stress for children and young adults, as they strive for high achievement standards, academic performance, and learn to cope with peer pressure and tension within the family unit.

As part of the Department of Defense’s Military and Family Life Consultant Program, school districts near Wright-Patterson AFB that have 150 or more military dependents enrolled now can request licensed counselors to visit schools and offer private and confidential non-medical counseling service to school-aged children.

The Child and Youth Behavior (CYB) Program is a free service designed to help children learn how to be more resilient by finding healthy solutions to address unhealthy behaviors. Counselors work with the children and youth to help them develop coping skills/strategies needed to address stressful and often adverse situations.

CYB consultants are highly trained to assist children and youth, parents, family members and staff on issues such as school transitions/adjustments, deployment and separation and problems that sometimes arise during the reunion/reintegration period. Other issues stemming from fear, grief and loss, sibling and parent/child communication, as well as other behavioral concerns can be addressed in group sessions, individual meetings (after-hour and weekend appointments are available) or included in educational presentations.

Wright-Patt’s CYB consultants currently serve in the base Child Development Centers in Areas A and B, and in the Before and After School Care Program facilities located in the Prairies School Age Care Program, and the Youth Center. The child/youth specialists actively engage in educational and recreational activities conducted for children and youth, giving the consultants opportunity to have first-hand knowledge of challenging behavioral patterns observed in children. When consultants meet with parents and other classroom, camp or childcare staff members, they can provide meaningful feedback to help determine if additional resources are needed to correct behavioral concerns.

Utilization of CYB Consultant Program is voluntary, and local school districts that meet the eligibility requirements to enlist the support of counselors also would need to have written parental consent for their child/children to receive assistance by a CYB-MFLC. CYB counselors would coordinate their 40-hour work schedule with the school principal or designated point of contact, and will remain flexible to include evening and weekend support as needed. At no time will the counselor meet individually with a child without being in line of sight of schools staff, or a parent/guardian. CYB consultations are confidential with the exception of duty to warn situations.
Examples of appropriate activities school CYB-MFLCs could support include:

- Holding social-emotional consultations and groups in libraries.
- Interacting with children and parents during special events, field days, and award luncheons and sports events.
- Using coloring books and journals with younger children as a guided journey through the deployment cycle. Helping the children prepare for goodbyes, accepting life while the parent is gone, exploring how they will stay in touch and addressing their hopes and fears.
- Consulting with teachers, modeling appropriate responses regarding disruptive classroom behaviors and increasing student social skills.
- Visiting the cafeteria during lunch hours and interacting with the children on the playground.
- Interacting with children, youth and teachers at the front office or in other common areas around the school.
- Meeting and greeting parents at the front door before and after school.
- Doing weekly “acute deployment” groups, one for lower grades and another for upper grades, to supplement groups the counselors were already doing every other week.
- Conducting presentations for teachers and families in small and large groups with topics such as “Challenges of Changing Schools,” “Children and Moving,” “Communication in Teens” and “How Children Grieve.”
- Scheduling classroom introductions to describe the MFLC role in an age-appropriate context.
- Conducting classroom observations at the invitation of the teacher and providing behavior intervention suggestions to teachers.
- Supporting and working on conflict resolution skills with students who were fighting on/off campus.
- Providing support to families around deployment and reintegration.
- Addressing school behavior problems in one-to-one meetings. CYB-MFLC must remain within line of sight of staff when engaging with children and youth.
- Working one-on-one with children experiencing test anxiety or other school adjustment issues. CYB-MFLC must remain within line of sight of staff when engaging in these meetings.
- Supporting students who are experiencing academic challenges.

School CYB-MFLCs would not be allowed to support the following activities:

- CYB-MFLC are not authorized to supervise children/youth at any time, to include during lunch and/or playground time.
- CYB-MFLCs should not be counted towards child/adult ratios.
- CYB-MFLCs should not be written into individual education plans or participate in the special needs assessment process. However, CYB-MFLCs can be introduced as an additional resource for parents. CYB-MFLCs are not authorized to speak to the media/press without specific government approval.

For more information about the School CYB-MFLC Program, interested persons can contact Tyler Stickle, Regional Supervisor, Military and Family Life Counseling Magellan Health at the following email address: tstickle9@magellanhealth.com.
March is Brain Injury Awareness Month

Head and brain injuries are very common with children, accounting for approximately one hundred thousand hospitalizations annually. Modes of injury include motor vehicle accidents, bicycle accidents, falls, sporting injuries, and child abuse.

Certain aspects of brain injury are unique to children. At one time, research suggested that children were more resistant to brain trauma than adults because their developing brains could rewire over time. However, mounting evidence seems to suggest otherwise. In fact, it may be that children are more susceptible than adults to permanent brain damage even when the forces involved are equivalent.

Sometimes a child/adolescent is diagnosed with a “mild” brain injury, often called a “concussion” or a “ding” to the head. This injury could be the result of violent shaking as an infant, a fall as a toddler, or a sports injury as an adolescent. Many of these “invisible” injuries, while perhaps not significantly impactful at the time, could have serious physical, learning, behavioral or social consequences later. Because the injury was labeled as “mild” at one point, there is a risk of adults not making the connection between the injury and the serious problems that may be occurring later. The seriousness of a brain injury can only be labeled by the level of burden it later poses to the child/adolescent - in the areas of physical health, learning, behavior and social development. School serves as the place where eyes can watch these children for years and decades. It is the responsibility of the school to:

- Be aware of the brain injury (once disclosed by the parent or medical professional).
- Watch for changes in learning, behavior or social skill development.
- Be able to assess and identify appropriate educational options individualized for the student.

School personnel are advised to consider the possibility that a child’s learning problems could be stemming from a brain injury. The student with a brain injury may have problems in school that look the same as children with other disabilities, such as Attention-Deficit Disorder, Oppositional Defiant Disorder, or Emotional/Behavioral Disturbance. The student may be identified as having one of those handicapping conditions and may even be on an Individualized Education Plan (IEP). A question one may ask is, if the child is identified and receiving special education services, why is it important that he/she be identified with a TBI? It is important because the student’s learning and behavior problems come from a different root source, and interventions that work for other disorders may be ineffective for a child with a brain injury.

School administrators, staff and coaches are encouraged to consider the following:

- Young children and teens often will purposely fail to report their symptoms so that they can continue playing. Because of this, coaches and trainers need to be especially vigilant in reporting and dealing with potential concussions.
- A team member who continues to play with a concussion should understand that their abilities are diminished, and they are therefore a larger target for additional injuries.
- Research shows that if the brain is suffering from even a minor concussion, any impacts within weeks of that initial injury could have a more devastating consequence.

What Can Parents and School Administrators Do to Help Prevent Traumatic Brain Injury?

- Buckle children in the car using age-appropriate child safety seat, booster seat, or seat belt (according to the child’s height, weight, and age).
- Adults should model correct behavior by wearing a seat belt when driving or riding in a motor vehicle.
- Ensure children wear helmets when riding a bike, motorcycle, snowmobile, scooter, or all-terrain vehicle;
- Helmets also should be worn when children play contact sports such as football, ice hockey, or boxing, use in-line skates or ride a skateboard, bat and run bases in baseball or softball, go horseback riding, ski or go snowboarding.
- Install window guards to keep young children from falling out of open windows, and use safety gates at the top and bottom of stairs when young children are around.
- Make the surface on the children’s playground by using shock-absorbing material, such as hardwood mulch or sand.
School Administrators are encouraged to “Save The Date” for Kick Butts Day being observed March 18, 2015!

Wright-Patt’s School Liaison Officer Andrea Attaway-Young is teaming up with Michael Papio, base Health Promotion Coordinator and Bennie Luck, Youth Programs Coordinator to help local youth learn more about health concerns caused by tobacco products. Students participating in events being planned at the Prairie’s Youth Center and in local schools will join thousands of youth across the United States and on military bases around the world who have decided to stand out and speak up about the dangers of using tobacco.

Current research shows that tobacco kills 1,300 Americans every single day. So one might ask how tobacco companies continue to be profitable. The answer, seen as a challenge to many, is that the tobacco industry aggressively market products to teenagers.

Since 1996, Kick Butts Day has been building momentum and empowering young people to stand out, speak up and seize control against tobacco companies. This year, in honor of 20 years of kicking butts, young people around the world are uniting through a signature activity that involves making a (selfie) statement against the use of tobacco. Many young people are posting these statements to Facebook, Twitter and Instagram accounts.

Organizers for Tobacco Free Kids Campaign, a national non-profit organization, believe they have made great strides in educating young people about the dangers of using tobacco products, but relate that every day, more than 3,000 kids under 18 try smoking for the first time and 700 kids become new regular, daily smokers. Tobacco use is still the leading cause of preventable death in the U.S., killing more than 480,000 people every year.

By getting involved in Kick Butts Day, young people can raise awareness about the tobacco problem, encourage peers to be tobacco-free and support effective solutions to reduce tobacco use.

Wright-Patt Updates are provided to help school administrators, base families and community educational partners better understand concepts/events that are important and on the scope of Air Force senior leaders.

Safety—When in doubt . . . Report it!
If you are involved in a mishap, ensure you report it immediately to your supervisor and unit safety representative. Regulations require that mishaps are reported within five days from the date of occurrence. Mishaps can be anything that involves an injury or damaged government property. Supervisors should call the 88 ABW Safety Office the day of the incident by phone (904-0888 or 904-3391) or email to safety.300@us.af.mil. Remember, if in doubt, report it.

Budget
The Air Force will present the President’s Fiscal Year 2016 Budget on Feb. 2. The Air Force will continue to balance capability, capacity and readiness to ensure we are ready for to-day’s fight while preparing for potential and emerging threats. The Budget Control Act is law and remains in effect for FY16 and will have devastating effects to various Air Force missions. Senior leader perspectives include asking Congress to eliminate sequestration and to allow the AF to get rid of excess base infrastructure.
Wright-Patt Updates are provided to help school administrators, base families and community educational partners better understand concepts/events that are important and on the scope of Air Force senior leaders.

P4 Partnership Program
The agreement between Wright-Patt and Sinclair Community College on the Shared Re-source Exchange Initiative is official! Sinclair will provide Wright-Patt with professional workforce development training while Wright Patt will provide Sinclair the use of the Fire Training Center. The next event will be the Partnership Kick Off on Feb. 12 which will summarize 2014 accomplishments and highlight the 2015 strategy. The 2015 Partnership strategy, focused on resource-based initiatives, will guide us into forging new partnerships in four focus areas: cooperative purchase, shared services, resource exchange, and general projects.

Air Force Marathon
Remember to register for the Air Force Marathon. The full marathon is $90; half-marathon is $80; 10K is $40; and 5K is $30. The cost will increase April 1 so register early. All registered runners receive a shirt, towel, patch, goodie bag, and of course, a medal featuring the U-2 Dragon Lady. More information is available online at www.usafmarathon.com.

AFSA Applications for Education Grants
Online applications for the Gen. Henry H. Arnold Education Grant Program for academic year 2015-2016 are available on the Air Force Aid Society’s website at www.afas.org/education-grants. Applications will be accepted through March 13.

VITA Tax Office
The Volunteer Income Tax Office is now open to provide tax preparation assistance. All service members in active duty status, retirees, and dependents are eligible for this assistance. The center will be open from 7:30 a.m. to 4:30 p.m. Monday through Friday and is located in Bldg. 70, Area A (enter through Door 6). People will need to bring the following forms to their appointments: a picture ID; Social Security card or Social Security number verification letter for themselves, spouse, and dependents; forms W-2, W-2G, 1099-R, and 1099-Misc from all employers; interest and dividend statements from banks; copies of last year’s federal and state income tax returns (if available); proof of bank routing and account numbers for Direct Deposit (a personal check will suffice); and total paid for a daycare provider and the daycare provider’s tax identifying number (if applicable). Call 656-1423 to make an appointment.

Tuskegee Airmen Exhibit
The National Museum of the United States Air Force has redesigned and expanded the Tuskegee Airmen Exhibit. The new exhibit opened Feb. 11.

American Heart Month is observed during the month of February
Coronary heart disease is the most common type of heart disease. Approximately 600,000 people die of some form of heart disease in the United States every year. High blood pressure, high LDL cholesterol, and smoking are key risk factors for heart disease. Visit www.airforcemedicine.af.mil for information on ways to be healthy!

ONE PERSON CAN CHANGE A CLIMATE—BE THAT PERSON!
Youth Employment Skills Program
The Youth Employment Skills (YES) program is where teens of active duty Air Force members can earn up to $1,000 for college just by volunteering. The YES program is a volunteer/internship funded by the Air Force Aid Society (AFAS) and jointly administered by AFAS through the Airman and Family Services Flight and Youth Programs. This program, being offered at select installations, affords high school aged dependents of Active Duty Air Force members an opportunity to learn valuable work skills while having a positive impact on their base communities.

Program participation incentives are in the form of dollar credits for grant funding. The YES program allows all certified and enrolled high school students to "bank" volunteer dollar credits toward their postsecondary education/training at a rate of $4 per hour for each hour of volunteer work on an on-installation position. Students may accumulate as much as 250 hours during their high school education, for a potential $1,000 (maximum). In addition, the participating installation Youth Program will "bank" base community credits at a rate of $2 for every hour volunteered per student, up to a maximum of $10,000 per program year. For purposes of this program, "program year" is defined as the 12 month period beginning 1 Jun through 31 May of each year.

For more information about the YES program, persons are encouraged to contact the Prairies Youth Center at (937) 904-4700.

Chaminade Julienne Catholic High School to Host Hoopla STEM Challenge
On Sunday, Mar. 15 from 1:00 to 4:00 p.m., families with students in grades K-8th are invited to participate in an exciting basketball and education event that is free to the public. Students are being challenged to read to shoot some hoops and learn something new! Local organizations are sponsoring free age-appropriate activities, pizza and chances to compete for prizes: game tickets, gift cards, t-shirts and iPad mini’s. Registration begins at noon at Chaminade Julienne High School, 505 South Ludlow Street, Dayton, Ohio. Persons can visit the following link for more information about this event: www.cjeagles.org/events/hoopla-stem-challenge

Informational websites that might be helpful:
- Wright-Patt School Liaison Office web site  www.wpafb.af.mil/units/ids/index.asp
- MilitaryHomefront web site  http://www.militaryhomefront.dod.mil/
- Federal Impact Aid Program web site  www.ed.gov/about/offices/list/oese/impactaid
- Interstate Compact web site  www.mic3.net
- Airman and Family Readiness Center web site  www.wpafb.af.mil.afrf/index.asp
- Values For A Lifetime web site  www.valuesforalifetime.com
- School Liaison Officer Website  www.wpafb.af.mil/units/ids/index.asp
2015 GREATER DAYTON CHAPTER SCHOLARSHIP

BACKGROUND: This scholarship was created by the Chapter in an effort to show our support and encouragement for young students in the Greater Dayton Area.

PURPOSE: To provide financial assistance to a current high school senior or recent high school graduate (within the past year), planning on attending an accredited college or university full or part-time.

INSTRUCTIONS FOR COMPLETING THE APPLICATION:

1. The application “must” be typed or clearly printed.
2. Each item of information on the application “must” be addressed.
3. The following additional documents “must” be attached to the completed application package.
   a. Three (3) character reference letters.
   b. A most recent official transcript with at least a 3.0 based on a 4.0 GPA scale.
   c. Biographical statement (limit to one page) including the following listed in order of importance: professional goals, community service, work experience, awards and recognition, professional organizations, hobbies, and other pertinent information.
      (All information will be kept confidential.)
   d. 500 word essay on why is a college education critical in today’s environment.
   e. Applicant “must” submit all requested documents in order to be considered.

Mail the application package to:
Greater Dayton Chapter, BIG
P. O. Box AMC 33684
Wright-Patterson AFB OH 45433-0684
Attn: Scholarship Committee

OR
Email package to: terrence.williams.1@us.af.mil

Application must be received by CLOSE OF BUSINESS 30 June 2015.

SELECTION OF WINNERS: The Chapter Scholarship Committee will determine eligibility, process applications, and identify scholarship winners. Selection of winners will occur by 31 July 2015.

INSTRUCTIONS AND CRITERIA TO RECEIVE AWARD:

1. The scholarship award of $1000 will be made payable to the college or university as a credit to the student’s account for payment of tuition and/or books to assist in obtaining the desired degree.

2. At the completion of the recipient’s first semester during the scholarship year, a transcript of the student’s grades must be sent to: Great Lakes Midwest Region V Scholarship Committee. Award will not be paid out until this requirement is met.

3. Award recipient “must” have at least an overall cumulative 3.0 based on a 4.0 GPA scale.

4. Scholarship award “must” be used within 12 months from the date it is awarded.
**GREATER DAYTON CHAPTER BIG SCHOLARSHIP APPLICATION**

**PERSONAL DATA**

| NAME: | _____________________________ |
| ADDRESS: | _____________________________ | CITY & ZIP CODE: | _____________________________ |
| HOME PHONE: | _____________________________ | OFFICE PHONE & EXT: | _____________________________ |
| EMAIL ADDRESS: | _____________________________ |
| HIGH SCHOOL ATTENDED: | _____________________________ |
| GRADUATION DATE: | _______________ | GPA: | _____________________________ |

**ACADEMIC STATUS/EDUCATION INSTITUTION INFORMATION**

Name of Institution: | _____________________________ |
Type of Degree Sought: | _____________________________ |
Date of Planned Enrollment: | _______________ | Expected Completion Date: | _____________________________ |

**COMMUNITY ACTIVITIES**

| | _____________________________ |

**REQUIRED DOCUMENTS**

1. Three Character Reference Letters: | _______________ |
2. Transcript: | _____________________________ |
3. One page Biographical Statement: | _____________________________ |
4. 500 Word essay: | _____________________________ |

**SIGNATURE:** _____________________________ | **DATE SUBMITTED:** _____________________________

**TO BE COMPLETED ONLY BY A MEMBER OF THE SCHOLARSHIP COMMITTEE**

RECEIVED BY: _____________________________ | **DATE RECEIVED:** _____________________________
2015 PAUL SCHOOLER MEMORIAL SCHOLARSHIP

BACKGROUND: This scholarship is named after Reverend Paul Schooler, a Greater Dayton Chapter of Blacks in Government (BIG) member, who passed in 1991. Reverend Schooler was one of the founding members of the chapter and held the office of President in 1983 when the scholarship was originated.

PURPOSE: To provide financial assistance to a Greater Dayton Area resident currently enrolled/attending an accredited college or university full or part-time.

INSTRUCTIONS FOR COMPLETING THE APPLICATION:

1. The application “must” be typed or clearly printed.
2. Each item of information on the application “must” be addressed.
3. The following additional documents “must” be attached to the completed application package.
   a. Three (3) character reference letters.
   b. A most recent official transcript with at least a 3.0 based on a 4.0 GPA scale.
   c. Biographical statement (limit to one page) including the following listed in order of importance: professional goals, community service, work experience, awards and recognition, professional organizations, hobbies, and other pertinent information. (All information will be kept confidential.)
   d. 500 word essay on why is a college education critical in today’s environment.
   e. Applicant “must” submit all requested documents in order to be considered.

Mail the application package to:
Greater Dayton Chapter, BIG
P. O. Box AMC 33684
Wright-Patterson AFB OH 45433-0684
Attn: Scholarship Committee

OR

Email package to: terrence.williams.1@us.af.mil

Application must be received by CLOSE OF BUSINESS 30 June 2015.

SELECTION OF WINNERS: The Chapter Scholarship Committee will determine eligibility, process applications, and identify scholarship winners. Selection of winners will occur by 31 July 2015.

INSTRUCTIONS AND CRITERIA TO RECEIVE AWARD:

1. The scholarship award of $1000 will be made payable to the college or university as a credit to the student’s account for payment of tuition and/or books to assist in obtaining the desired degree.
2. At the completion of the recipient’s first semester during the scholarship year, a transcript of the student’s grades must be sent to: Great Lakes Midwest Region V Scholarship Committee. Award will not be paid out until this requirement is met.
3. Award recipient “must” have at least an overall cumulative 3.0 based on a 4.0 GPA scale.
4. Scholarship award “must” be used within 12 months from the date it is awarded.
### PAUL SCHOOLER BIG MEMORIAL SCHOLARSHIP APPLICATION

#### PERSONAL DATA

**NAME:**

**ADDRESS:**

**CITY & ZIP CODE:**

**HOME PHONE:**

**OFFICE PHONE & EXT:**

**EMAIL ADDRESS:**

**HIGH SCHOOL ATTENDED:**

#### ACADEMIC STATUS/EDUCATION INSTITUTION INFORMATION

**Name of Institution:**

**Type of Degree Sought:**

**GPA:**

**Date of Enrollment:**

**Expected Completion Date:**

#### COMMUNITY ACTIVITIES

- [ ]

#### REQUIRED DOCUMENTS

1. Three Character Reference Letters:
2. Transcript:
3. One page Biographical Statement:
4. 500 Word essay:

#### SIGNATURE:

**DATE SUBMITTED:**

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**TO BE COMPLETED ONLY BY A MEMBER OF THE SCHOLARSHIP COMMITTEE**

**RECEIVED BY:**

**DATE RECEIVED:**
The SAT/ACT Testing Season is in full swing. Are you ready?

eKnowledge Offers Free $250 SAT and ACT Test Preparation Programs

The eKnowledge Donation Project has been assisting families, students and educators for over nine years. The Project waives the complete $250 course price for the SAT or ACT Test Preparation Programs. So the student pays for just the cost of delivering the program: DVD student fee of $17.55 for the cost of materials, support and shipping, Online Cloud student fee of $19.99 for student support and streaming. Pretty awesome!

Request Your Donated Program:

www.eKnowledge.com/WPAFB

The eKnowledge Donation Project has donated more than 217,000 SAT and ACT programs valued at over $50 million at no profit to the company. The Donation Project is supported by professional athletes from the NFL and MLB as well as 250 Affiliate Partners. eKnowledge has been investing in students and improving test scores while always keeping up with the changing landscape of college test preparation.

The SAT and ACT PowerPrep™ Programs are available online or on a single DVD. These are semester length complete programs that include more than 11 hours of video instruction and 3000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, and practice tests Students select the training they need and study at their own pace.

SAT & ACT Test Dates 2015

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For further information contact Cheryl Litras, 951-256-4076 Support@eKnowledge.com
1. Safe, Anonymous Learning Environment
   Every tutoring session is anonymous and takes place in a secure online classroom. No personal information is ever shared between the tutor and the student.

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   Every Tutor.com session is one-to-one between the tutor and student. Your students get help with their own specific questions or assignments—right when they need it.

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   We get thousands of comments every day from students who tell us they "absolutely love Tutor.com" and the boost it gives their grades, confidence, and interest in schoolwork.

4. Accessible From Anywhere
   Wherever your students have online access—at home, at school, and anywhere in between—they can connect to a tutor using any internet-enabled computer or mobile device.

5. All Subjects, All Skill Levels
   Students can get help in 40+ math, science, social studies and English subjects, including algebra, chemistry, statistics, biology and essay writing. Tutors can also help students prepare for the SAT, ACT or other standardized tests.

6. Expert Tutors You Can Trust
   All of our tutors—almost 3,000 of them—complete a rigorous application and qualification process that includes an extensive third-party background check.

7. Builds Confident Learners
   Students of all skill levels—from elementary to honors—can get help from a tutor. In fact, 86% of students are more likely to take an AP course if they have on-demand access to Tutor.com.

8. Extends The Learning Day
   When students are struggling with homework after school, on the weekends and at midnight, our tutors are available to help any time, any day.

9. Help is Free For Eligible Military Families
   The Department of Defense funds access to Tutor.com at no cost for eligible military families worldwide. (Approx. $40/hr. civilian cost.)

10. It's Quick And Easy To Get Help
    Students in military families can create an account at tutor.com/military. After logging in, a student selects a subject and asks a question to start working with an expert tutor in just a couple of minutes.

"I love tutor.com! It’s a great way to learn, especially if you have challenging classes! My dad is often deployed and doesn’t have time to help me out with my calculus, but tutor.com always helps me! It improves grades and helps students think logically!"
- 12th Grade Army Student

"I love this website. It really helps me with my work and I feel better knowing that if I’m having problems I can come here—no matter what time—and get the help I need. Thank you!!"
- 11th Grade Air Force Student